

Low Fat Chicken Salad Sandwich

Servings: 4

INGREDIENTS

- 12 oz Metro Deli™ Deep Fried Chicken Breast, sliced 1/2", diced
- 1 t garlic herb seasoning
- 4 oz walnut halves, toasted, chopped
- 1 c Glenview Farms® Plain Greek Yogurt
- 1/4 oz fresh dill, chopped
- 4 oz fresh green grapes, chopped in half
- 4 oz fresh celery
- 2 oz red onion
- 2 oz Glenview Farms Blue Cheese Crumbles
- 4 ea Chef's Line™ 9 Grain Sprouted Bun
- 1/4 ea bibb lettuce

PREPARATION

Mix together all ingredients except the bun and bibb lettuce. Refrigerate for 1 hour. Adjust seasoning.

Fill each sandwich with 2 leaves of bibb and 5 oz chicken salad.

